



# EASY STEPS TO KNITTING Teddy Bear

## WELCOME

Welcome to the 4-H Easy Steps to Knitting - Teddy Bear Project! Please read through this project guide carefully, as it contains information and suggestions that are important for your project. **4-H Leaders can obtain a Leader Project Guide and other resources from the PEI 4-H Office.** Hopefully you, as a member, will “Learn to do by Doing” through hands-on activities that will encourage learning and enjoyment. If you have any questions, contact your District 4-H Officer or your 4-H project leader.

## 4-H YEAR COMPLETION

You complete a project by:

- completing the project Achievement Day requirements
- completing a communication project
- completing a community project
- completing an agriculture awareness project
- taking part in Achievement Day

**You must complete all of the listed aspects in order to show at Fairs and Exhibitions.**



## ACHIEVEMENT DAY REQUIREMENTS

Knitted Teddy Bear	50
Knitting Samples	30
Dish Cloth	<u>20</u>
	<b>100 Marks</b>

## EXHIBITION REQUIREMENT

Knitted Teddy Bear

Your teddy bear can be made in any one of the three sizes which are included in the Leader’s Project Guide.



### Ages for 4-H members as of January 1st of the 4-H year:

- Junior: 9-11 years
- Intermediate: 12-14 years
- Senior: 15-21 years

**Check out the PEI 4-H Web Site**

[www.pei4h.pe.ca](http://www.pei4h.pe.ca)

## KEEPING IT ALL TOGETHER!

It is recommended you get a duotang or a three ring binder in which to keep this member guide and any other project materials you receive from your leader. The duotang or binder can be displayed at your Achievement Day with the above listed requirements.

## KNITTING NEEDLES

### Three Types

1. Single pointed or straight needles have a point on one end and a cap on the other end. They can be made of aluminum, plastic or wood.
2. Double pointed needles have points on both ends and are sold in sets of four. They are made of either aluminum or plastic.
3. Circular needles are made of nylon, having two points that taper into a thin, flexible cable.

## PURCHASING YARN?

Buy all the yarn for your project article at the same time and be sure to see that each ball of yarn has the same dye lot number printed on the label. This means all the yarn has been dyed at the same time and will be even in color throughout.

## HELPFUL RESOURCES!

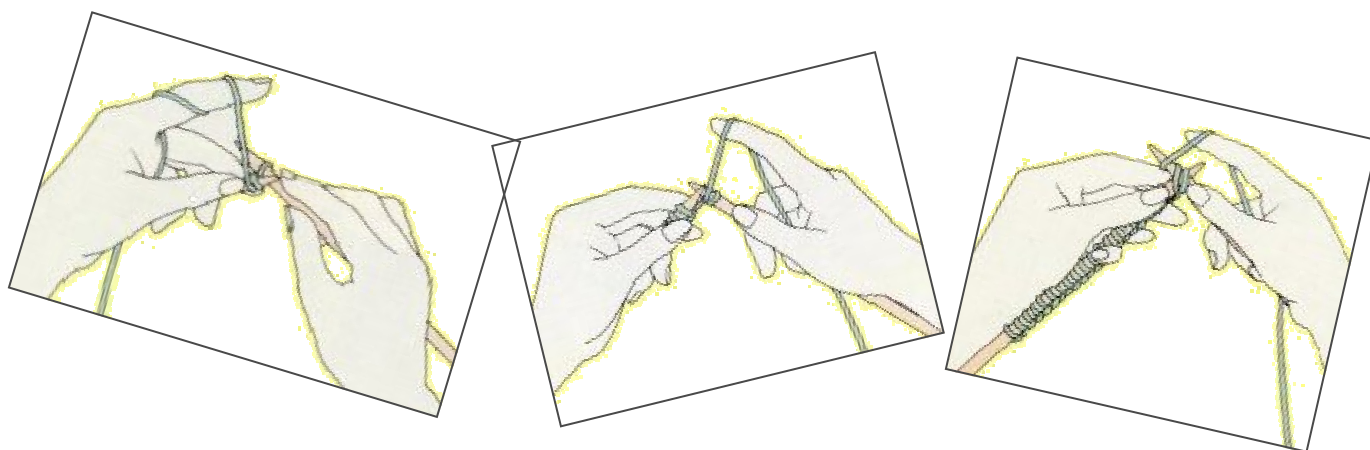
[www.knitting.about.com](http://www.knitting.about.com)  
[www.bernat.com](http://www.bernat.com)  
[www.patonsyarns.com](http://www.patonsyarns.com)  
[www.wonderful-things.com](http://www.wonderful-things.com)  
[www.ehow.com](http://www.ehow.com)  
[www.knittinghelp.com](http://www.knittinghelp.com)  
[www.learntoknit.com](http://www.learntoknit.com)  
[www.knittingzone.com](http://www.knittingzone.com)



A variety of books and a video, *Basic Knitting*, are available at the PEI 4-H Office which can be borrowed for a two week loan period. To book these, call 368-4833 or drop by the PEI 4-H Office at 40 Enman Crescent, Charlottetown.

## BE A GOOD SPORT!

In the spirit of "learn to do by doing", all those involved in 4-H are encouraged to practice good sportsmanship, use common sense at all 4-H activities and the work in any 4-H project should be the member's own work.



## STANDARDS FOR JUDGING HANDCRAFTS

### General Score Card for Handcrafts

45	Workmanship
25	Creative Design
15	General Appearance
15	Colour

## JUDGES WILL BE LOOKING FOR...

- Design, color and materials suitable for end purpose.
- Even tension, stitch size and accurate pattern throughout.
- Well blocked with no overpressing.
- Knots and ends worked in securely.
- Edges smooth.
- Seams and edges stretchy but firm.
- Seams securely and neatly stitched, not bulky.

# KNITTING SAMPLES

*(Achievement Day Requirement)*

Mount the label (or photocopy) from the skein of yarn which you used for your samples as well as your knitted samples to a piece of cardboard or bristol board to display your samples at Achievement Day.

## **SAMPLE 1**

Select a yarn and check the tension on the label. Multiply the number of stitches per inch (2.5 cm) by three (3). Cast on that number of stitches on a needle of the recommended size. Knit three (3) inches (7.5 cm) in stockinette stitch. Cast off all stitches. Lay your finished sample on a flat surface. Place a measuring tape or ruler along the stitches. Count the number of stitches in each inch (2.5 cm). Work ends into knitted samples. You may press lightly but be careful not to flatten or stretch sample.

## **SAMPLE 2**

Select needles which are a full numerical size smaller (e.g. if needles used in first sample were 5 mm, then use 4 mm, if they were 3.5 mm, then use 2.5 mm) and cast on the same number of stitches as in your first sample. Knit three (3) inches (7.5 cm) in stockinette stitch. Cast off. Check the tension. Mount your sample. Write the tension beside the sample.

## **SAMPLE 3**

This time select needles which are a full numerical size larger. Again cast on the same number of stitches and knit three (3) inches (7.5 cm) in stockinette stitch. Cast off. Check the tension. Mount the sample. Write tension beside the sample.

# KNITTED DISHCLOTH

*(Achievement Day Requirement)*

Cast on 4 sts.

\*\*Slip the first stitch at the beginning of each row.

**Row 1:** K across.

**Row 2:** K 2, yo, K to end of row. Repeat row 2 until there are 43 sts on needle.

**Next Dec rows:** K 1, K 2tog, yo, K2 tog, K to end of row.

Continue working dec row until 4 st remain. Cast off.

Break yarn and work ends into knitted piece.

FYI: Two 50g skeins of yarn will make three dish cloths.



# TEDDY BEAR

(Achievement Day and Exhibition Requirement)



## MATERIALS REQUIRED

### Yarn

All weights require...

1 ball Main Color (MC)

Small quantity of a different color (Contrast A)

Suggested Yarns:

Double Knitting (D.K.) Weight: Patons Astra, Patons Astra Bright ideas, Patons La Laine or Patons True North D.K. (for a 19 cm bear)

Knitting Worsted (K.W.) Weight: Patons Canadiana, Patons Canadiana Colors, Patons Super Chenille, Patons Rustic Wool, Patons Classic Wool, Patons True North K.W., Patons Nature's Fleece or Patons Just Sheep K.W. (for a 23 cm bear)

Chunky Weight: Patons Shetland Chunky, Patons Shetland Ragg, Patons Canadiana Chunky or Patons Ram's Wool (for a 30.5 cm bear)

### Knitting Needles

D.K. weights: 3 3/4 mm (tension 24 sts and 32 rows = 4 in. or 10 cm in stocking stitch)

K.W weight: 4 mm (tension 21 sts and 28 rows = 4 in. or 10 cm in stocking stitch)

Chunky Weight: 5 1/2 mm (tension 16 1/2 sts and 21 rows = 4 in. or 10 cm in stocking stitch)

### Other Materials

1.4 m of contrasting yarn to embroider eyes and nose

Stuffing

Ribbon for bow

## INSTRUCTIONS

### Left Leg

With A, cast on 10 sts.

Row 1: Inc 1 st knitways in each st. (20sts)

Row 2: Purl

Row 3: Knit

Row 4: Purl Break A

Row 5: Join MC, Knit

Row 6: Knit

Knit 16 rows stocking st., beginning with a knit row and ending with a purl row (for a total of 22 rows). Break yarn and leave sts on a st holder or spare needle.

### Right Leg

Work as given for left leg. Do not break yarn.

### Body

With right side of work facing, knit across 20 sts from right leg, then knit across the 20 sts from the left leg st holder (40 sts). Place a marker at each end of this row. Beg with a purl row, work nineteen (19) rows stocking st.

#### Shape Shoulders:

Row 1: K7. (K2 tog) 4 times. K 10. (K2 tog) 4 times. K7.  
32 sts

Row 2: Purl

Row 3: Knit

Row 4: Purl

Row 5: K5. (K2 tog) 4 times. K6. (K2 tog) 4 times. K5.  
24 sts

Row 6: Purl

#### Shape Head:

Row 1: \*K1. Inc 1 st in next st. Repeat from \* to end of row. 36 sts

Beg with a purl row, work nine (9) rows stocking st.

Row 11: K7. (K2tog) twice. K14. (K2tog) twice. K7 32 sts

Row 12 and alternate (alt) Purl.

Row 13: K6. (K2tog) twice. K12. (K2tog) twice. K6.  
28 sts

Row 15: K5. (K2tog) twice. K10. (K2tog) twice. K5.  
24 sts

Row 17: K4. (K2tog) twice. K8. (K2tog) twice. K4. 20 sts

Row 19: K3. (K2tog) twice. K6 (K2tog) twice. K3  
16 sts

Row 21: \*K2tog. Repeat from \* to end of row. 8 sts

Break yarn and thread through remaining sts. Fasten securely.

## TEDDY BEAR PATTERN (*continued*)

### **Arm** (Make 2)

With MC cast on 20 sts and work 13 rows stocking st.

Next row: (Wrong side). Knit.

With A, beg with a knit row, work two rows stocking st.

Next row: \*K1. K2tog. Repeat from \*to last two stitches. K2.  
(14)

Purl one row.

Next row: \*k2tog. repeat from \*to end of row. (7 sts) Break  
year and thread through the remaining sts. Fasten  
securely.

### **Ear** (Make 2)

With MC cast on 8 sts.

Row 1: Inc 1 st in first knitways. Knit to last two sts. Inc  
one st in next st.

K1. (10 sts)

Row 2: Purl

Row 3: Sl1. K1 pssso. Knit to last two sts. K2tog.

Row 4: Purl

Row 5: Sl1. K1. pssso. Knit to last two sts. K2tog

Row 6: Purl

Row 7: Sl1. K1. pssso. Knit to last two sts. K2tog.

### **Ear** (*continued*)

Row 8: Purl (4 sts)

Row 9: Inc 1 st in first st. Knit to last two sts. Inc 1 st in  
next st. K1.

Row 10: Purl

Row 11: Inc 1 st in first st. Knit to last two sts. Inc 1 st in  
next st. K1.

Row 12: Purl

Row 13: Inc 1 st in first st. Knit to last two sts. Inc 1 st in  
next st. K1.

Row 14: Purl

Row 15: Sl1. K1. pssso. Knit to last two sts. K2tog. 8 sts

Cast off purlways.

### **Muzzle**

With A cast on 5 stitches.

Row 1: Inc 1 st knitways in each st. 10 sts.

Row 2: Purl

Row 3: inc 1 st knitways in each st. 20 sts.

Row 4: Purl

Row 5: \* Inc 1 st knitways in next st. K1. Rep from \* to end  
of row. 30 sts.

Row 6: Purl

Row 7: Cast off (knitwise).

### **Finishing**

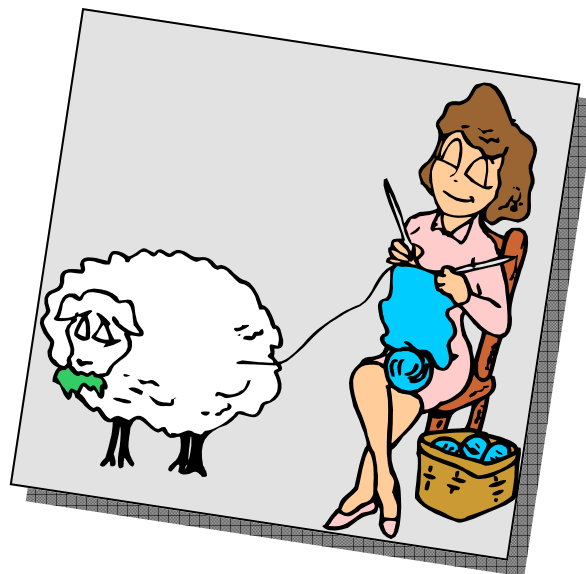
Using a blunt-pointed needle and the same yarn as used to  
knit the teddy bear, sew seams together using a woven  
seams technique (see diagram).



Insert the needle up through the first stitch on the left  
hand side, then up through the right side two rows up.  
Alternate from side to side along the seam. In this  
method, sewing is done on the right side of your work. It  
can only be used on lengthwise edges and if both pieces  
have the same number of rows.

Leaving a 2" (5 cm) opening in the head seam for  
stuffing, sew the center back seam of the head and body  
to marked rows. Sew leg seams to marked rows leaving  
the feet (cast-on stitches) open for stuffing. Stuff head,  
body and legs. Sew opening at back of head closed.  
Thread needle through cast-on stitches for leg and pull in  
tightly. Secure yarn. Sew foot seam. Sew arm seams.  
Stuff arms. Sew top of arms closed and sew to body.  
Sew muzzle in position stuffing firmly. Fold ears in half  
with wrong sides together and sew together at each side  
and across the lower edge. Sew ears in position on  
head. With contrasting yarn embroider nose and eyes.  
Tie ribbon around neck in a bow. You may wish to stitch  
across the lower end of body through all thicknesses to  
allow legs to bend.

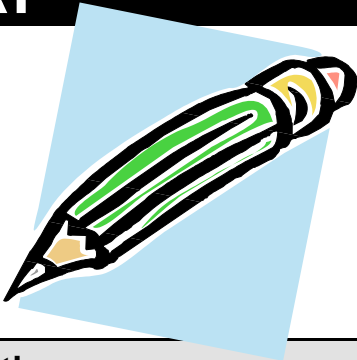
\*\*This is an exhibition requirement. The only optional  
feature is the row of stitching along the lower end of the  
body so that the legs may bend more readily.





# PROJECT MEETINGS DIARY

*Most projects will require at least six to eight project meetings to complete the project.*



Meeting Date	Location	Time	At this meeting, we...

# Community and Agriculture Awareness Projects

## COMMUNITY PROJECT

Each year you are encouraged to provide a service to your community as a 4-H member. This introduces you to the responsibilities of citizenship. You must participate in your club's plan for a community project and you should have a role to play. Describe your involvement with your club's community project this year.



*Our Community Project was* \_\_\_\_\_

*I helped by* \_\_\_\_\_

*It was beneficial because* \_\_\_\_\_

*I learned* \_\_\_\_\_

## AGRICULTURE AWARENESS PROJECT

Agriculture is one of PEI's main industries. You are expected to participate with your club to complete a project (or provide a service) which helps your club or others become aware of the importance of agriculture in our lives. As in the community project, you should actively participate.



*Our Agricultural Awareness Project was* \_\_\_\_\_

*I helped by* \_\_\_\_\_

*It was beneficial because* \_\_\_\_\_

*I learned* \_\_\_\_\_