



**THE  
DUKE OF EDINBURGH'S  
AWARD**  
*Young Canadians Challenge*  
Alberta, Northwest Territories and Nunavut Division

#111, 4515 Bow Trail SW  
Calgary, Alberta T3C 2G3  
Telephone: (403) 237-7476  
or 1-800-668-3853  
Fax: (403) 269-7826  
Email: dukeabnt@telusplanet.net

**THE DUKE OF EDINBURGH'S AWARD**  
*Young Canadians Challenge*

**Information Package**

Thank you for taking the time to review the enclosed information on The Duke of Edinburgh's Award, *Young Canadians Challenge* Programme. We hope the information provided will address your preliminary questions and encourage your future involvement.

Included in your package is a "Summary of Conditions" which sets out the basic elements at each of the three different levels. This information is expanded upon in the participants Record Book, which will be sent out after registration. Please note there is a \$20.00 registration fee for each participant.

To register, print and fill out the attached registration form, and return it with your cheque or money order, made out to "The Duke of Edinburgh's Award" to:

The Duke of Edinburgh's Award  
Young Canadians Challenge  
Alberta, Northwest Territories and Nunavut Division  
#111, 4515 Bow Trail S.W.  
Calgary, Alberta T3C 2G3

If you have any further questions, either now or after you register, please feel free to write, call, or e-mail. The division office telephone number is **(403) 237-7476**. For those living outside of the Calgary direct dialling area, we have a toll free number for your convenience:

**1-800-668-DUKE (3853)**

E-mail us at [dukeabnt@telusplanet.net](mailto:dukeabnt@telusplanet.net)

Good luck. We are always happy to help you.

Michael Gray  
Division Executive Director.



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**Registration Terms and Conditions**

**1. THE REGISTRATION FORM**

The Registration Form must be filled out completely. The participant's home or permanent address must be given, NOT the leader's address or school address. It is especially important to complete the birth date and entry date sections.

**2. GROUP PARTICIPANT REGISTRATION**

Each participant must register with the Alberta & NWT Award Office prior to commencing any work towards the Award. There is a one time registration fee of \$20.00, payable by all new participants. If a participant has come to Alberta, NWT, or Nunavut after having registered in another province or country, this requirement is waived.

Upon payment of the \$20.00 registration fee, the participant will receive a Record Book. This should be kept by the participant and should be used for all three Award levels, or until the participant reaches the age of 25.

New groups will automatically be registered with the Award Office when the participants of that group are registered. We recommend that group leaders purchase a Leaders manual for \$10.00.

**3. INDEPENDENT PARTICIPANT REGISTRATIONS**

All the above conditions apply to Independents. We recommend that these participants name a mentor or an adult advisor on their registration form.

**4. CHANGING FROM GROUP MEMBER TO INDEPENDENT OR VICE VERSA**

If a participant leaves a group for any reason, he/she may continue as an Independent. Similarly, a participant may begin as an Independent and later join a group. (Please notify the Alberta & NWT Divisional Office when this occurs.)

**5. CORRESPONDENCE**

In the normal course of events, all group correspondence will be sent to the person listed as the principal Group Leader, and correspondence to Independents will be sent to the individual.

## THE DUKE OF EDINBURGH'S AWARD

### *Young Canadians Challenge*

### *Summary of Conditions*

AWARD LEVEL	SERVICE	EXPEDITIONS & EXPLORATIONS	SKILLS	PHYSICAL FITNESS
<p><b>BRONZE</b> Minimum age to start is 14. Qualify in four sections as indicated.</p>	<p>Choose one or more forms of Service such as volunteer work or community service. A minimum of 15 hours over 6 months is required.</p>	<p>At the Bronze level, choose a 2 day and 1 night outdoor trip. Participant must be involved in the planning and preparation, and submit a written log upon completion.</p>	<p>Participant must choose a skill or hobby and participate in it for a minimum of 6 months, showing improvement.</p>	<p>Participant must take part in one or more physical activities for a minimum of 30 hours over 15 weeks. Only two hours per week may be counted. May be a team or individual activity.</p>
<p><b>SILVER</b> Minimum age to start is 15. Qualify in four sections as indicated.</p>	<p>Choose one or more forms of Service such as volunteer work or community service. A minimum of 30 hours over 6 months is required, or 45 hours over 12 months for direct Silver entrants.</p>	<p>At the Silver level, choose a 3 day and 2 night outdoor trip. Participant must be involved in the planning and preparation, and submit a written log upon completion.</p>	<p>Participant must choose a skill or hobby and participate in it for a minimum of 6 months, showing improvement. 12 months of participation is required for direct Silver entrants.</p>	<p>Participant must take part in one or more physical activities for a minimum of 40 hours over 20 weeks. Only two hours per week may be counted. May be a team or individual activity.</p>
<p><b>GOLD</b> Minimum age to start is 16. Qualify in four sections as indicated.</p>	<p>Choose one or more forms of Service such as volunteer work or community service. A minimum of 60 hours over 12 months is required, or 90 hours over 18 months for direct Gold Entrants.</p>	<p>At the Gold level, choose a 4 day and 3 night outdoor trip. Participant must be involved in the planning and preparation, and submit a written log upon completion.</p>	<p>Participant must choose a skill or hobby and participate in it for a minimum of 12 months, showing improvement. 18 months of participation is required for direct Gold entrants.</p>	<p>Participant must take part in one or more physical activities for a minimum of 50 hours over 25 weeks. Only two hours per week may be counted. May be a team or individual activity. Participant must try at least one new activity.</p>

#### \* RESIDENTIAL PROJECT (GOLD LEVEL)

Undertake some shared activity, either through voluntary service or training away from home over a period of not less than 5 consecutive days (4 nights away). The Residential Project may be undertaken at any time after you have registered, regardless of your age or Award level. This project should provide the opportunity to develop maturity and accept responsibility, as well a chance to interact with a new peer group.

**NOTE:** Activities carried out prior to registration with the division office will not be counted towards the award. No activity may be used for more than one section.



### **The Purpose**

The Duke of Edinburgh's Award, *Young Canadians Challenge* was established in 1963. Since then more than 100,000 able, disabled and disadvantaged young people have participated in the programme.

Founded in Britain in 1956 on the premise that young people growing up in an industrialized society have many difficulties for personal achievement, the Award is designed to stimulate and encourage:

- \*Self reliance and discipline
- \*Perseverance and determination
- \*Initiative and creativity
- \*Community responsibility
- \*Fitness of body and mind

### **Volunteers**

More than 2,500 people across Canada serve as volunteers, leaders and assessors in the Award Programme. An additional 500 volunteers serve on the organization's national and provincial or divisional boards and committees.

His Royal Highness, The Prince Philip, Duke of Edinburgh, is the Patron of the Award Programme. The Governor General of Canada is the National Chairman and the Honourable Lois E. Hole, the Lieutenant Governor, is the Chairman of the Alberta, Northwest Territories and Nunavut Division Council.

# Key Facts

### **Award Categories**

There are three levels of the Award; Bronze, Silver and Gold. To earn an Award, a participant must undertake a programme of activities in four areas of self-development. These are voluntary service, development of skill or a hobby, physical fitness and an outdoor expedition.

In each case, the participant sets his or her own goals. This personal challenge must be met through individual effort.

### **Funding**

Funding for the organization comes from major corporations, small businesses, foundations and individuals. All recognize the positive investment in youth, "the leaders of tomorrow."

### **International**

The Duke of Edinburgh's Award is an international programme that has participants in 80 countries around the world. In the Commonwealth countries it is generally known as The Duke of Edinburgh's Award. Some countries, such as Canada, will make an addition to the name. The programme is offered in some non-Commonwealth countries, including the United States, Jordan and the Czech Republic.



### **Some Award Achievers**

A young woman from Alberta earned part of her Gold Award by donating time to the Special Olympic's programme. She completed her physical fitness requirements by skiing. Her voluntary service was to act as a server with her church. She did her expedition with the Girl Guide Rangers in Kananaskis. Her residential requirements were met as a member of the Special Olympic's Alpine racing team in New Brunswick, where she won a gold medal. This young woman has Downs Syndrome.

A young Nova Scotian qualified for the Gold Award by the following activities. He donated 60 hours of his time as a canoe and water safety instructor. He wrote and played his own piano compositions. He undertook various forms of physical fitness including leading outdoor expeditions.

An 18-year old Ontario woman included a 50 mile, three day hike along the shoreline of Prince Edward County as one of the activities for a Silver Award.

One young man who had never walked without braces, met part of the qualifications for the Bronze Award by walking around a room. He achieved part of his Silver Award by walking 100 yards. Ultimately, he walked around a city block to complete the Gold Award.

## Reach For Your Best!

The Programme motto "Reach For Your Best" means that each participant is expected to strive for his or her personal best achievements within minimum standards of the Award Programme.

If NEW GROUP Check Here: \_\_\_\_\_

If INDEPENDENT Check Here: \_\_\_\_\_



**THE DUKE OF EDINBURGH'S AWARD**  
*Young Canadians Challenge*

**Registration Form**



The Duke of Edinburgh's Award  
Young Canadians Challenge  
#111, 4515 Bow Trail S.W.  
Calgary, Alberta T3C 2G3  
Phone: (403) 237-7476  
1-800-668-DUKE (3853)  
Fax: (403) 269-7826  
E-mail: dukeabnt@telusplanet.net

Name of Group or Individual: \_\_\_\_\_

D of E Leader or Mentor: \_\_\_\_\_

Groups Mailing Address:

Street: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

E-mail: \_\_\_\_\_

							Office Use Only
Participant Name last/ first	Address Apt, Street, City, Province, Postal Code	Phone	E-mail	M/F	Birthday mm/dd/yy	Award Level	Entry Date

Number of Registrants \_\_\_\_\_ @ \$20.00 each = \$ \_\_\_\_\_  
Leader's Manual \_\_\_\_\_ @ \$10.00 each = \$ \_\_\_\_\_  
Total = \$ \_\_\_\_\_



## FORM REQUEST

### THE DUKE OF EDINBURGH'S AWARD *YOUNG CANADIANS CHALLENGE* ALBERTA, NORTHWEST TERRITORIES & NUNAVUT DIVISION

Group Name: \_\_\_\_\_

Leader/Advisor's Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
(Street) (City) (Province) (Postal Code)

Phone Number:(\_\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

If independent

Participants Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
(Street) (City) (Province) (Postal Code)

Phone Number:(\_\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

- Please send me \_\_\_\_\_ Application form(s)
- Please send me \_\_\_\_\_ Participant's Master Record Form(s)
- Please send me \_\_\_\_\_ Leader/Advisor Information Form(s)
- Please send me \_\_\_\_\_ Bronze Award Application form(s)
- Please send me \_\_\_\_\_ Silver Award Application form(s)
- Please send me \_\_\_\_\_ Gold Award Application form(s)
- Please send me \_\_\_\_\_ Gold Award Society Application form(s)



**PARTICIPANT'S MASTER RECORD**  
**THE DUKE OF EDINBURGH'S AWARD *Young Canadians Challenge***  
**ALBERTA, NORTHWEST TERRITORIES & NUNAVUT DIVISION**



**Participant's Name:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_ **Phone:( )** \_\_\_\_\_  
 (Month/Day/Year)

**Mailing Address:** \_\_\_\_\_  
 (Street) (City) (Province) (Postal Code)

**Date of Entry:** \_\_\_\_\_ **Record Book Number:** \_\_\_\_\_

**Group Name:** \_\_\_\_\_ **If Independent check here:** \_\_\_\_\_

**D of E Leader's Name:** \_\_\_\_\_ **Phone:( )** \_\_\_\_\_

**Leader's Address:** \_\_\_\_\_  
 (Street) (City) (Province) (Postal Code)

<b>BRONZE</b>	<b>Service</b>	<b>Physical Fitness</b>	<b>Skills</b>	<b>Expedition</b>
Type				
Start Date				
Completion Date				
# of Hours				

**Date of Completion:** \_\_\_\_\_ **Date Pin/Certificate Presented:** \_\_\_\_\_

<b>SILVER</b>	<b>Service</b>	<b>Physical Fitness</b>	<b>Skills</b>	<b>Expedition</b>
Type				
Start Date				
Completion Date				
# of Hours				

**Date of Completion:** \_\_\_\_\_ **Date Pin/Certificate Presented:** \_\_\_\_\_

<b>GOLD</b>	<b>Service</b>	<b>Physical Fitness</b>	<b>Skills</b>	<b>Expedition</b>
Type				
Start Date				
Completion Date				
# of Hours				

**Date of Completion:** \_\_\_\_\_ **Date Pin/Certificate Presented:** \_\_\_\_\_



**LEADER/ADVISOR INFORMATION FORM**  
**THE DUKE OF EDINBURGH'S AWARD *Young Canadians Challenge***  
**ALBERTA, NORTHWEST TERRITORIES & NUNAVUT DIVISION**



**Please complete this form for any new group or leader and mail it to the Award office.**

**Group Name:** \_\_\_\_\_

**Leader's Name:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_  
(Street) (City) (Province) (Postal Code)

**Home Phone:**(\_\_\_\_)\_\_\_\_\_

**Work Phone:**(\_\_\_\_)\_\_\_\_\_

**Portable(Cell/Pager):**(\_\_\_\_)\_\_\_\_\_

**Fax:**(\_\_\_\_)\_\_\_\_\_

**Email:**\_\_\_\_\_

**Date started as a Duke of Edinburgh's Award Leader/Advisor:** \_\_\_\_\_  
(m/d/y)

**Are you a Gold Award Achiever: Yes/No**

**If Yes, when did you qualify:** \_\_\_\_\_  
(m/d/y)

**Other activities/qualifications that would be of interest to the Award Office:** \_\_\_\_\_

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# BRONZE

## THE DUKE OF EDINBURGH'S AWARD *Young Canadians Challenge* APPLICATION ALBERTA, NORTHWEST TERRITORIES & NUNAVUT DIVISION



**Participant's**

**Name:** \_\_\_\_\_  
(The way you wish to see it on the certificate)

**Date of Birth:** \_\_\_\_\_ **Sex: Male/Female** **Phone:(\_\_\_\_\_)\_\_\_\_\_**  
(Month/Day/Year)

**Mailing Address:** \_\_\_\_\_  
(Street) (City) (Province) (Postal Code)

**Name of Parents/Guardians:** \_\_\_\_\_  
(Mr/Mrs/Ms) (Initial/First Name & Last)

**Parent's Address:** \_\_\_\_\_  
(Street) (City) (Province) (Postal Code)

**Group Name:** \_\_\_\_\_ **If Independent check here:** \_\_\_\_\_

**D of E Leader's Name:** \_\_\_\_\_ **Phone:(\_\_\_\_\_)\_\_\_\_\_**

**Leader's Address:** \_\_\_\_\_  
(Street) (City) (Province) (Postal Code)

**Date of Entry into the Programme:** \_\_\_\_\_ **I wish my Certificate to be in: English/French**

**Date of Bronze Award Completion:** \_\_\_\_\_ **I will be going on to the Silver Award: Yes/No**

Section	Service	Expedition	Skills	Physical Fitness
Type of Activity				
Start Date				
Completion Date				
Hours Accumulated				

\*The participant's record book and support material must be submitted with this application form to the Award Office

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Signature of Leader

\_\_\_\_\_  
Date

**FOR OFFICE USE ONLY:**

\_\_\_\_\_  
Provincial Director's Signature

\_\_\_\_\_  
Date



**SILVER**  
**THE DUKE OF EDINBURGH'S AWARD *Young Canadians Challenge* APPLICATION**  
**ALBERTA, NORTHWEST TERRITORIES & NUNAVUT DIVISION**



**Participant's Name:** \_\_\_\_\_  
(The way you wish to see it on the certificate)

**Date of Birth:** \_\_\_\_\_ **Sex: Male/Female** **Phone:( )** \_\_\_\_\_  
(Month/Day/Year)

**Mailing Address:** \_\_\_\_\_  
(Street) (City) (Province) (Postal Code)

**Name of Parents/Guardians:** \_\_\_\_\_  
(Mr/Mrs/Ms) (Initial/First Name & Last)

**Parent's Address:** \_\_\_\_\_  
(Street) (City) (Province) (Postal Code)

**Group Name:** \_\_\_\_\_ **If Independent check here:** \_\_\_\_\_

**D of E Leader's Name:** \_\_\_\_\_ **Phone:( )** \_\_\_\_\_

**Leader's Address:** \_\_\_\_\_  
(Street) (City) (Province) (Postal Code)

**Date of Entry into the Programme:** \_\_\_\_\_ **I wish my Certificate to be in: English/French**

**Date of Bronze Award Completion:** \_\_\_\_\_ **I will be going on to the Gold Award: Yes/No**

**Date of Silver Award Completion:** \_\_\_\_\_

Section	Service	Expedition	Skills	Physical Fitness
Type of Activity				
Start Date				
Completion Date				
Hours Accumulated				

\*The participant's record book and support material must be submitted with this application form to the Award Office

\_\_\_\_\_  
**Signature of Participant**

\_\_\_\_\_  
**Signature of Leader**

\_\_\_\_\_  
**Date**

**FOR OFFICE USE ONLY:**

\_\_\_\_\_  
**Provincial Director's Signature**

\_\_\_\_\_  
**Date**

# CHECKLIST FOR AWARDS

The Duke of Edinburgh's Award  
Revised - September 2000

Applicant's Name \_\_\_\_\_

Leader's Name \_\_\_\_\_

Group Name \_\_\_\_\_

	Bronze	✓	Silver	✓	Direct Silver	✓	Gold	✓	Direct Gold	✓
<b>PARTICIPANT DETAILS</b>										
Minimum entry age for Award	14 years old		15 years old		15 years old		16 years old		16 years old	
Minimum time spent for Award	6 months		6 months		12 months		12 months		18 months	
<b>SERVICE</b>										
Minimum number of months	6 months		6 months		12 months		12 months		18 months	
Minimum number of hours	15 hours		30 hours		45 hours		60 hours		90 hours	
Signed & Dated by Assessor										
<b>EXPEDITION</b>										
Expedition, or Exploration, or Adventurous Project										
Preliminary Training Completed										
Prelim Training Signed & Dated										
Practice Journey - Outline	1 practice journey		1 practice journey		1 practice journey		1 practice journey		2 practice journeys	
Practice Journey Signed & Dated										
Qualifying Journey	2 days/1 night		3 days/2 nights		3 days/2 nights		4 days/3 nights		4 days/3 nights	
Hours Spent per Day	6 hours/day		7 hours/day		7 hours/day		8 hours/day		8 hours/day	
Meets Journeying Requirements										
Signed & Dated by Assessor										
Expedition Log Enclosed										
<b>SKILL</b>										
Minimum number of months	6 months		6 months		12 months		12 months		18 months	
Shows a challenge and improvement										
Signed & Dated by Assessor										
<b>PHYSICAL RECREATION</b>										
Minimum number of hours	30 hours		40 hours		40 hours		50 hours		50 hours	
Minimum number of weeks	15 weeks		20 weeks		20 weeks		25 weeks		25 weeks	
Signed & Dated by Assessor										
<b>RESIDENTIAL PROJECT</b>										
Minimum number of days/nights							5 days/4 nights		5 days/4 nights	